

Health Forms for Students with Seizures (Epilepsy)

Please complete packet and return to your child's school nurse.

What is in this packet?

- 1) **STUDENT SEIZURE HISTORY** – for parent to describe student's seizure history and list current medications.
- 2) **MEDICATION AUTHORIZATION FORM / GENERAL MEDICATION FORM**
 - **Guidelines for Medications at School** – on page 2 of Medication Authorization Form
 - Most oral seizure medications can be given at home before or after school, but if an oral seizure medication must be given at school, please complete this form
 - Must be signed by parent and Health Care Provider (HCP)
 - Signed form and medication should be brought to school by a responsible adult
- 3) **SEIZURE EMERGENCY ACTION PLAN**
 - Your Health Care Provider's Seizure Action Plan form works or you may use the **school's Seizure Emergency Action Plan** included in this packet.
 - Please include any current emergency seizure medications needed for school, i.e. nasal Versed (midazolam) or rectal Diastat (diazepam).
 - Please complete the Medication Authorization Form / General Medication Form (above) if an oral seizure medication cannot be given at home before or after school.
- 4) **VAGAL NERVE STIMULATOR (VNS) / DIASTAT® / VERSED MEDICATION/TREATMENT AUTHORIZATION FORM** - Please have this form completed and signed by your Health Care Provider if applicable; and return form to the school nurse each school year.
- 5) **AUTHORIZATION FOR RELEASE OF MEDICAL INFORMATION**

Questions? - Please call your school nurse

STUDENT SEIZURE HISTORY

Parent, please complete information below so your school nurse can provide care and create an Emergency Action Plan for your child, if needed. Please return this form to your school nurse.

CONTACT INFORMATION:

Student's Name: _____ Date of Birth: _____ School Year: _____
 School: _____ Grade: _____ Homeroom: _____
 Parent/Guardian Name: _____ Email: _____
 Parent Guardian Tel: (H) _____ (W) _____ (C) _____
 Neurologist: _____ Tel: _____
 Primary Care Doctor: _____ Tel: _____
 Significant medical history or conditions: _____

SEIZURE INFORMATION:

- When was your child diagnosed with seizures or epilepsy? _____
- Seizure Type(s) _____

Seizure Type(s)	Length	Frequency	Description

- What might trigger a seizure in your child? _____
- Are there any warnings and/or behavior changes before the seizure occurs? ☐ No ☐ Yes
If YES, please explain: _____
- When was your child's last seizure? _____
- Has there been any recent change in your child's seizure patterns? ☐ No ☐ Yes
If YES, please explain: _____
- How does your child react after a seizure is over? _____
- How do other illnesses affect your child's seizure control? _____
- Describe what constitutes an emergency for your child? (Answer may require consultation with treating physician and school nurse). _____
- Has child ever been hospitalized for continuous seizures? ☐ No ☐ Yes
If YES, please explain: _____

SEIZURE MEDICATION AND TREATMENT INFORMATION

- What medication(s) does your child take? (Please include prescription emergency rescue medication- **ie.** Diastat, Versed)

Medication	Date Started	Dosage	Frequency and time of day taken

- What medication(s) will your child need to take during school hours? _____
- Should any of these medications be administered in a special way? ☐ No ☐ Yes
If YES, please explain: _____
- Should any particular reaction be watched for? ☐ No ☐ Yes
If YES, please explain: _____
- Any special considerations & safety precautions for school activities: ☐ General health ☐ Gym/ sports (physical activity) ☐ Physical functioning ☐ Learning ☐ Field trips ☐ Recess ☐ Bus transportation ☐ Mood / coping ☐ Behavior ☐ Other Explain: _____
- Does your child have a Vagal Nerve Stimulator (VNS)? ☐ No ☐ Yes
If YES, please describe instructions for appropriate magnet use or include physician's orders: _____

I authorize Dayton Public Schools to communicate and share health information with appropriate school personnel to create an emergency action plan if necessary and to aid in present and future educational decisions.

Parent Signature: _____ Date: _____ Date Updated: _____
 Reviewed by School Nurse: _____ Date: _____


 Medication Authorization Form General Medication Form <small>(Includes Asthma Inhaler and Epinephrine Auto-Injector Use)</small>	
Student Information	
Student name	Date of birth
Student address	
School	Grade/Class Teacher School year
School Nurse	Phone: Fax:
Prescriber Authorization	
Name of medication	Diagnosis
Dosage	Route Time/Interval
Date to begin medication	Date to end medication
Special instructions	
Treatment in the event of an adverse reaction	
Epinephrine Autoinjector (self-carry) <input type="checkbox"/> Not applicable <input type="checkbox"/> Yes, as the prescriber I have determined that this student is capable of possessing and using this autoinjector appropriately and have provided the student with training in the proper use of the autoinjector.	
Asthma Inhaler (self-carry) <input type="checkbox"/> Not applicable <input type="checkbox"/> Yes, if conditions are satisfied per ORC 3317.716, the student may possess and use the inhaler at school or at any activity event or program sponsored by or in which the student's school is a participant.	
Procedures for school employees if the student is unable to administer the medication or if it does not produce the expected relief:	
Possible Severe Adverse Reaction(s) per ORC 3317.716 and 3313.718 a) To the student for whom it is prescribed (that should be reported to the prescriber) b) To a student for whom it is not prescribed who receives a dose	
List any known drug allergies and reaction.	
Prescriber signature	Date Phone Fax
Prescriber name (print)	
Reminder note for prescriber: ORC 3313.718 requires backup epinephrine autoinjector and best practice recommends backup asthma inhaler.	
Parent/Guardian Authorization	
<input checked="" type="checkbox"/> I authorize an employee of the school board to administer the above medication. <input checked="" type="checkbox"/> I understand that additional parent/prescriber signed statements will be necessary if the dosage of medication is changed. <input checked="" type="checkbox"/> I also authorize the school nurse for the _____ school year to confer with the licensed prescriber regarding my child's health and treatment issues as they pertain to the medication/diagnosis and his/her attendance, educational, and behavioral management.	
<input checked="" type="checkbox"/> Medication form must be received by the principal, his/her designee, and/or the school nurse. <input checked="" type="checkbox"/> I understand that the medication must be in the original container and be properly labeled with the student's name, prescriber's name, date of prescription, name of medication, dosage, strength, time interval, route of administration and the date of drug expiration when appropriate.	
Parent/Guardian signature	Date #1 contact phone #2 contact phone
Parent/Guardian Self-Carry Authorization	
<input type="checkbox"/> For Epinephrine Auto-injector: As the parent/guardian of this student, I authorize my child to possess and use an epinephrine auto-injector, as prescribed, at the school and any activity, event, or program sponsored by or in which the student's school is a participant. I understand that a school employee will immediately request assistance from an emergency medical service provider if this medication is administered. I will provide a backup dose of the medication to the school principal or nurse as required by law.	
<input type="checkbox"/> For Asthma Inhaler: As the parent/guardian of this student, I authorize my child to possess and use an asthma inhaler as prescribed, at the school and any activity, event, or program sponsored by or in which the student's school is a participant.	
Parent/Guardian signature	Date #1 contact phone #2 contact phone
Received by (school nurse): _____ Date: _____	
Adapted from Ohio Department of Health: Revised May 2016, Reviewed Feb 2020 Page 1 of 2	

Guidelines for Medications at School

- ✓ DPS has one Medication Authorization form for all medications—oral, injectable, emergency (ex. Epinephrine Auto-Injector, asthma inhalers), and student self-carry medications.
- ✓ Any student needing to take medication during school hours **must have a Medication Authorization form** completed and signed by the parent and physician/prescribing healthcare provider.
- ✓ **All medication must be in the container in which it was dispensed** by the pharmacist or healthcare provider.
- ✓ The medication and Medication Authorization form must be brought together to the school by a parent or responsible adult.
- ✓ School personnel may not give over-the-counter medications unless prescribed by a healthcare provider. A Medication Authorization form must be completed and signed.
- ✓ No new medication can be given until the school nurse has reviewed it and checked it in.
- ✓ Routine injectable medication can only be given by a school nurse, parent (or parent- designated adult), or self-administered by the student.
- ✓ Changes in medication must be provided by the healthcare provider.
- ✓ Routine daily medication ordered three times a day or less may not need to be taken at school. The medication should be given before school, after school and at bedtime unless it is time-specific for during the school day. **It is best for morning medication to be given at home.**
- ✓ All medication orders must be renewed each school year.
- ✓ Parents are notified in writing to pick up all remaining medications at the end of the school year. Per DPS policy, any unused medications not claimed by the last day of school each year will be destroyed.
- ✓ Parents will be required to pick up all medications with the exception of inhalers and Epinephrine Auto-Injectors that the student already has written permission from their primary healthcare provider to carry on him/herself.


Original: 2015; Revised: 2015, 2018, 2020

Page 2 of 2



**EPILEPSY
FOUNDATION**

Seizure Action Plan



Effective Date _____

This student is being treated for a seizure disorder. The information below should assist you if a seizure occurs during school hours.

Student's Name _____	Date of Birth _____
Parent/Guardian _____	Phone _____ Cell _____
Other Emergency Contact _____	Phone _____ Cell _____
Treating Physician _____ Phone _____	
Significant Medical History _____	

Seizure Information			
Seizure Type	Length	Frequency	Description

Seizure triggers or warning signs: _____ Student's response after a seizure: _____

Basic First Aid: Care & Comfort

Please describe basic first aid procedures: _____

Does student need to leave the classroom after a seizure? ☐ Yes ☐ No

If YES, describe process for returning student to classroom: _____

Basic Seizure First Aid

- Stay calm & track time
- Keep child safe
- Do not restrain
- Do not put anything in mouth
- Stay with child until fully conscious
- Record seizure in log

For tonic-clonic seizure:

- Protect head
- Keep airway open/watch breathing
- Turn child on side

A seizure is generally considered an emergency when:

- Convulsive (tonic-clonic) seizure lasts longer than 5 minutes
- Student has repeated seizures without regaining consciousness
- Student is injured or has diabetes
- Student has a first-time seizure
- Student has breathing difficulties
- Student has a seizure in water

Emergency Response

A "seizure emergency" for this student is defined as:

Seizure Emergency Protocol
(Check all that apply and clarify below)

☐ Contact school nurse at _____

☐ Call 911 for transport to _____

☐ Notify parent or emergency contact

☐ Administer emergency medications as indicated below

☐ Notify doctor

☐ Other _____

Treatment Protocol During School Hours (include daily and emergency medications)			
Emerg. Med. ✓	Medication	Dosage & Time of Day Given	Common Side Effects & Special Instructions

Does student have a Vagus Nerve Stimulator? ☐ Yes ☐ No If YES, describe magnet use: _____

Special Considerations and Precautions (regarding school activities, sports, trips, etc.)

Describe any special considerations or precautions: _____

Physician Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

DPC772

Adapted for use for DPS, April 2020

Vagal Nerve Stimulator (VNS) / Diastat® / Versed Medication/Treatment Authorization Form

Contact Information

Student's Name: _____ Date of Birth: _____ School Year: _____
 School: _____ Grade: _____ Homeroom: _____
 Parent/Guardian Name: _____ Email: _____
 Parent Guardian Tel: (H) _____ (W) _____ (C) _____
 Neurologist: _____ Tel: _____
 Primary Care Doctor: _____ Tel: _____
 Significant medical history or conditions: _____

Diagnosis (include type of seizure): _____

Medication/Treatment Order(s):

☐ Vagal Nerve Stimulator (VNS):

- ✓ Swipe VNS magnet at onset of seizure
- ✓ If seizure continues, swipe VNS every ____ seconds up to ____ times
- ✓ Additional orders: _____

☐ Diastat® (diazepam) Rectal Gel

- ✓ Diastat® rectal gel _____ mg
- ✓ For seizure lasting more than ____ minutes. Give only ____ dose(s) in 24 hours.
- ✓ Additional orders: _____

☐ Versed (midazolam) Nasal Spray

- ✓ Versed (Midazolam) nasal spray _____ mg
- ✓ For seizure lasting more than ____ minutes. Give only ____ dose(s) in 24 hours.
- ✓ Additional orders: _____

☒ Call 911 if:

- ✓ Seizure does not stop by itself or with VNS swipe(s) within ____ minutes
- ✓ Child does not wake up within ____ minutes after a seizure has ended
- ✓ Anytime Diastat® or Versed is given (per Dayton Public School policy)

Administration to begin _____ Administration to end _____

List all other medication this child is taking: _____

Severe adverse reaction to be reported to the physician: _____

Please list any medication allergies: _____

Special instructions: _____

Name of Physician: _____

Address: _____ Phone: _____

Physician's Signature: _____ Date: _____

Part II: TO BE COMPLETED BY PARENT OR GUARDIAN AND RETURNED TO SCHOOL

I request that the above medication be administered to my child according to the instructions provided. I agree to deliver the medicine to the school in the container in which it was dispensed by the prescribing physician or licensed pharmacist. I grant permission for the school nurse to confer with the above licensed prescriber regarding my child's health and treatment issues as they pertain to the above medication/diagnosis and his/her educational and behavioral management needs. If the above information changes, I will submit a revised statement signed by the physician.

****Signature of Parent/Guardian:** _____ Date: _____

Address: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

TO BE COMPLETED BY SCHOOL STAFF:

(Only the School Nurse or designated trained school staff will administer VNS/Diastat/Versed)

Person(s) Designated/Authorized for VNS/Diastat/Versed are: _____



Authorization for Release of Student Medical Information

**Dayton
Public
Schools**

Patient Information	Last name		First name		Middle	
	Address				City	State Zip
	Birthdate		Other possible names		Phone #	
	School Attending:				Grade: Home Room:	
Information Requested	<input type="checkbox"/> Immunization record				<input type="checkbox"/> Neurological	
	<input type="checkbox"/> General / Medical				<input type="checkbox"/> Surgical	
	<input type="checkbox"/> Counseling Record				<input type="checkbox"/> Orthopedic	
	<input type="checkbox"/> Emergency / Urgent care record				<input type="checkbox"/> Otorhinolaryngology (ENT)	
	<input type="checkbox"/> Other:				<input type="checkbox"/> Ophthalmology	
Action	<input type="checkbox"/> Mail Copies					
	<input type="checkbox"/> Fax copies					
	This information may be disclosed to and used by Dayton Public Schools.				The following individual or organization is authorized to make the disclosure:	
	Mail to: School					
	School Representative		Title			
	Address		Address			
	City		State	Zip	City	State
Phone#		Fax#	Phone#	Fax#		
Reason Needed	<input type="checkbox"/> Continuity of Medical Care				<input type="checkbox"/> Legal Reasons	
	<input type="checkbox"/> At request of the Individual				<input type="checkbox"/> Special Education	
	<input type="checkbox"/> School Related				<input type="checkbox"/> Other:	
Authorization	I hereby authorize Dayton Public Schools (DPS) to release and/or receive medical information, to/from the above party. This authorization may include release of information concerning treatment of drug or alcohol abuse, drug related conditions, Human Immunodeficiency Virus (HIV) test results, diagnosis or AIDS related conditions, alcoholism, and/or psychiatric/psychological conditions.					
	I understand that this authorization shall remain in effect for the school year 20____ - 20____, unless an earlier expiration date is specified in this space (____). I also understand that I may withdraw this authorization at anytime by written notification to the above parties involved. However, this written notification cannot effect actions that have taken place based on my prior authorization.					
	I understand that if the person or entity that receives the above information is not a healthcare provider or health plan covered by federal privacy regulations, the information described above may be re-disclosed by such person or entity and will likely no longer be protected by the federal privacy regulations.					
	Signature of Parent or Guardian				Date	
	Relationship to Student					
Signature of School Representative				Date		

Health Services 2/2004; Rev March 2020